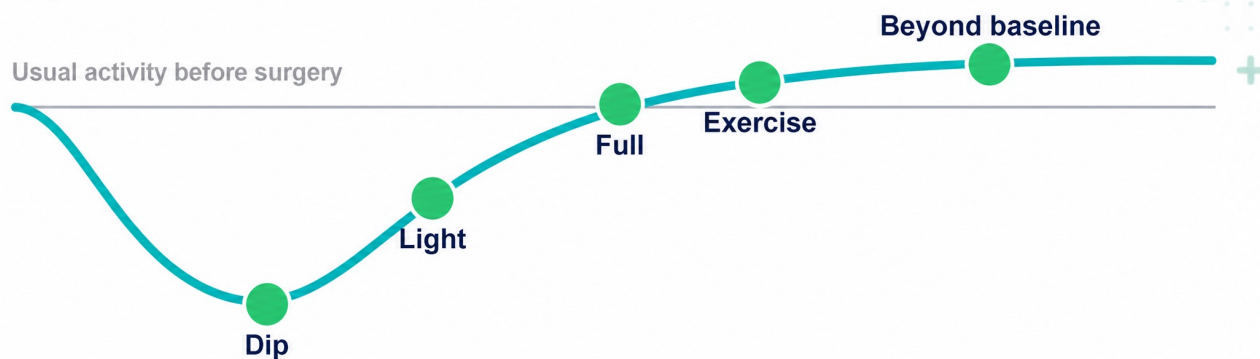


AfterSurg recovery metrics

Each metric describes a different part of the recovery process



Recovery milestones



7
Dip



18d
Light



45d
Full



45d
Exercise

Beyond baseline



14%
Gain



18 : 1
Good days



44d
Benefit



52d
Extra/yr

Recovery milestones



Dip

The lowest recorded activity following the operation



Return to light activity

Time taken to return to 50% of baseline activity



Return to full activity

Time taken to return to 100% of baseline activity



Exercise

First day where exercise patterns are seen post-op

Beyond baseline



Functional gain

Average % change in activity levels from baseline



Good day ratio

Ratio of days better : worse than baseline



Duration of benefit

Number of days the treatment benefit has lasted



Extra days

Number of additional days of activity gained per year